

Noncommunicable disease (NCDs)
are a **growing threat** to the **health** and
prosperity of individuals living in all regions
of the world—especially those living in **low- and**
middle-income countries.

START



Hi, my name is **Ayoka**

I'm a 30-year old mother of three from Nigeria. I live in a rural village, and the nearest hospital is 6 hours away by foot.



NCDs, including cardiovascular disease, cancers, diabetes, and chronic lung diseases, are a growing threat to the health and prosperity of individuals living in all regions of the world—especially those living in low- and middle-income countries.



Hi, my name is **Binh**

I'm a 45-year old farmer from Vietnam. I've been smoking since I was 10 years old—like my brothers and friends. Lately, I find it harder to work the field.

NCDs, including cardiovascular disease, cancers, diabetes, and chronic lung diseases, are a growing threat to the health and prosperity of individuals living in all regions of the world—especially those living in low- and middle-income countries.

My name is

Binh

Let me guide you
through your journey.



My name is

Ayoka

Let me guide you
through your journey.



**TEST YOUR
KNOWLEDGE**

Choose your guide.

Follow Ayoka or Binh on this 2-minute journey to learn more about the global threat of NCDs and what FHI is doing to address this growing epidemic.


TEST YOUR KNOWLEDGE



Ayoka: “I think doctors are only for sick people, so I never receive routine care or health screenings.”

Q: How many people die each day in low- and middle-income countries from noncommunicable diseases (NCDs)?

SUBMIT 

NEXT QUESTION 

Q:5

Q:4

Q:3

Q:2

Q:1



TEST YOUR KNOWLEDGE

Q ■ How many people die each day in low- and middle-income countries from noncommunicable diseases (NCDs)?

✓

The correct answer is: 79,000

NCDs such as heart disease, stroke, chronic lung diseases, cancers, and diabetes are the world's leading killer. Each year, NCDs claim 36 million lives, and 80% of these deaths occur in low- and middle-income countries.

Source: World Health Organization 10 Facts on Noncommunicable Diseases

Building capacity to better prevent and screen for NCDs

In Ghana, FHI was asked to assess two hospitals for the capacity to offer cardiovascular disease (CVD) prevention and treatment services. Police Hospital in Accra and Atua (Manya Krobo) Government Hospital were evaluated for gaps and inadequacies in physical space, screening tools and equipment, and basic CVD diagnostic and screening tests.

Final recommendations included: training healthcare providers to recognize potential CVD risk factors, developing strategies for treatment adherence, and using patient management systems to track CVD cases.

NEXT QUESTION



Q:5

Q:4

Q:3

Q:2

Q:1



TEST YOUR KNOWLEDGE



Binh: "I think doctors are only for sick people, so I never receive routine care or health screenings."

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Q:5

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Q:1



TEST YOUR KNOWLEDGE

Q: Which of the following is a known risk factor for NCDs such as heart disease, cancer, and diabetes?

The correct answer is: All of the above

NCDs are often the result of four particular behaviors: tobacco use, physical inactivity, unhealthy diet, and the harmful intake of alcohol. These lead to four key metabolic and physiological changes: raised blood pressure, overweight/obesity, raised blood glucose, and raised cholesterol.

Source: World Health Organization Global Status Report on Noncommunicable Diseases (2010)

Screening for cardiovascular disease risk factors

FHI's cardiovascular disease (CVD) and HIV integration pilot at Murtala Mohammed Specialist Hospital in Nigeria ensures all adults receiving HIV care and treatment also receive clinical and laboratory tests for CVD risk factors. Between May 2010 and March 2011, FHI screened more than 500 HIV-positive adults and found that 44.8% had at least one risk factor for CVD. The pilot also established a referral system between HIV service points and the medicine departments, creating efficiencies in referring clients for follow-up care.

NEXT QUESTION



Q:5

Q:4

Q:3

Q:2

Q:1



TEST YOUR KNOWLEDGE



Binh: "I've been smoking for 35 years and don't know it increases my risk of developing heart disease."

Q: Which of the following is a known risk factor for NCDs such as heart disease, cancer, and diabetes?

SUBMIT

NEXT QUESTION

Q:5

Q:4

Q:3

Q:2

Q:1

CONGRATULATIONS!

Your journey to understand the impact of NCDs is now complete. You've also learned more about how FHI programs are addressing this worldwide epidemic. We invite you to join us in the global fight.

Stay connected...

Name:

Email:

Title:

Organization:

Twitter Handle: @

Areas of Interest:



SUBMIT



Thank you for joining me!



JOIN US!

We invite you to join us in the global fight against NCDs.

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Areas of Interest:



SUBMIT